

ANNUAL REPORT 211-2012

Bega kwa Bega family is celebrating yet another successful year of existence since 1998. The Organization supports communities, families and orphans, which is the main objective of its establishment. BKB continues to coordinate these projects that are in place to provide comprehensive support and give hope to orphaned children. BKB major projects include:

- **Education for orphans and vulnerable children**
- **Income generating projects for care-givers and older orphans**
 - **Agriculture and nutrition training**
- **Basic health services for women and children in remote villages**
 - **Reliable water sources that are safe and clean**
 - **Protection of children's legal rights**

EDUCATION

The education program has over 157 children in total. Among these 60 children receive direct sponsorship and BKB supports the remaining 97 children. However this is proving to be difficult because of the limited funds which are not enough to pay school fees for all the children.

School	No. of children
Nursery	13
Primary	91
Secondary	49
Tertiary	2
Vocational	2
Total	157

CHALLENGES

- Funds to help children are so limited and yet the schools continue to increase the school fees. Also the number of children in need is increasing.
- Children drop out of school at an early age as their parents and caretakers cannot afford to pay for the extra requirements at school even though the government provides for "free" education.
- There is increased over crowding in classrooms.



- There is wide spread shortage of trained, skilled teachers.
 - Orphaned children are always in search of work as they strive to provide food, shelter and other needs for their siblings.
 - When they relocate to more remote villages in search of cheaper accommodation, orphans find it hard to adapt to new schools, new environments.

HEALTH

Uganda has the fourth highest rate of malaria deaths in Africa and some of the highest recorded malaria transmission rates in the continent with an estimated 70,300 annual deaths of children under

five years. In Uganda malaria remains the killer of children because the majority of children do not sleep under a mosquito net while the rest do not receive proper medical treatment for malaria

This year BkB mobile clinic recorded more malaria cases than any other disease. The mobile clinic continues to operate three times a week in different villages in Wakiso District. The number of people treated has gone down to 13,460 compared to last year's 16,250. This is partly due to our health program which sensitizes people on how to take good care of themselves, eat better and also be able to prevent diseases. The mobile clinic team still continues with the home visit

The mobile clinic offers the following services

- Malarial treatment and other tropical diseases
- Treatment of common ailments such as stomach pains, minor burns, cuts and childhood diseases.
- Pediatric care

CHALLENGES

- The funds are insufficient to purchase the necessary medicine for the mobile clinics.
- We need more staff to be able to handle the workload and also to give the required attention to individual patients, families.
- Better equipment is needed for examining patients for example examination kits, lab equipment, malaria test kits.

WATER



The water project has played a very big role in the improvement of health in the lives of people in remote areas. The communities are extremely grateful as their lives are improved with the clean water supply that they receive. Remote villages with a combination of high numbers of orphans and

water shortages are selected to have new wells constructed in their villages. BkB endeavors to help improve the health of the community by providing clean, reliable, readily available water. People who used to spend hours walking long distances in search for water can now use their time and energy to rest or engage in more

IMPACT

- There's improvement in the personal hygiene and thus a lowering in water born disease incidences.

program which coaches families with acute health, financial, emotional and physical issues. These families are offered material and medical support and are sensitized on how to manage their lives.

The main objectives of the health program are to prevent, control and provide treatment for tropical diseases; Immunize children; provide health education; provide basic pre-natal and antenatal care for women and improve nutrition.

- HIV/AIDS awareness, prevention and treatment
- Prenatal and antenatal care
- First-aid sensitization
- Child immunization
- Counseling
- Nutrition education

- We need a new vehicle because the vehicle we have is 22 years old and it breaks down frequently which leads to delays or cancellations of mobile clinics.
- Most people are illiterate and thus the medical staff finds it a challenge when giving instructions. We need to design appropriate instructional materials (with pictures) for low literacy learner

productive income generating activities. Also having available water ensures the safety of children. Additionally, the construction of the well is a collective effort as villagers work together with the BkB to clear the bushes, collect stones, sand and cement for building the well. The people do the work with a lot of enthusiasm. At the end of it all, it's a job well done as the community is helped and they are also happy because they took part in ensuring that they receive clean and available water.



- Relationships in the community are strengthened as a result of people working together to solve their problems

and establish projects that benefit entire villages.

- Women and children save time and energy walking shorter distances to fetch water.

- There's a reduction in the cost of water freeing family income for other uses like food.
- There is available water for animals and small scale irrigation.
- Also the nutrition of the people improves

WELLS CONSTRUCTED IN 2011-2012

Name of Spring	District	Sub-County	Parish	Village	No. of People benefiting
Martin's Spring	Mpigi	Muduma	Bulerejje	Kikwabanga	700
St. Catherine's well	Mpigi	Muduma	Bulerejje	Kibumbiro	560
Mr. & Mrs. Zishi Guo	Mityana	Namungo	Kitete	Davula	300
Les Oiseaux Old Girls Well	Mpigi	Muduma	Bulerejje	Katuso	280
The Duffy Family	Mpigi	Muduma	Jezza	Vvumba Kapeke	315
Morag Barron's	Mityana	Namungo	Mugulu	Bukakampa-Tiyo	385
Coffee Mates	Mpigi	Muduma	Bulerejje	Buzimwa-Katuso	280
Alice & Andrew	Mpigi	Muduma	Bulerejje	Walukunyu	245
Jessica's Spring	Mityana	Namungo	Mpirigwa	Namugulu	200
Ben's Well	Mityana	Namungo	Mpirigwa	Zzira	1400
Cameo	Mityana	Namungo	Mpirigwa	Kabanda	350
Saranga & Vince	Mityana	Namungo	Mpirigwa	Kibisi	483
Coffee Mates (2)	Mityana	Namungo	Mpirigwa	Kiteredde	500
Mr. & Mrs. Kalule Kiganda	Mityana	Namungo	Mpirigwa	Kiturugunya	300

Total number of Wells/Protected Springs constructed in 2011-2012: 14

Total number constructed since 2,000: 136 serving some 200,000 people

CHALLENGES

- The unreliable climate continues to be a challenge in the construction of wells as the water levels keep fluctuating
- When it rains the roads get flooded and become slippery making it difficult for us to transport building materials.
- There's a high demand for new wells and yet our resources are limited.

INCOME GENERATION

BKB has continued to offer financial, material, and business training support to orphaned families and the communities in which they live. The income generating programs include gardening, knitting, tailoring, poultry farming, dairy farming, raising pigs and goats, crafts etc.

We are happy with the fact that most of these income generating projects are successful, and, that the beneficiaries are able to use profits to support their families.

CHALLENGES

- Lack of funds to effectively support small income programs.
- Poor culture of saving by some program beneficiaries.
- Many dairy animals were lost as a result of the east-cost fever.
- Swine fever killed some pigs in our program.

DEMONSTRATION ORGANIC FARM

There is a drastic positive change at our model farm as we get ready to officially open our doors to the public soon. The farm demonstrates agricultural skills to rural communities that have high numbers of orphans and vulnerable children.



Bega kwa Bega put this farm in place to join in the struggle to eradicate poverty and hunger in the villages. The farm promotes improved nutrition, year round food production, water conservation and environmental protection

A lot of work and changes have been going on at the farm to make it an outdoor classroom for children, teachers, subsistence farmers and people in the community. The training room has already been used to train several groups of women knitters and tailors. We already moved into the new office, we are in the process of finishing the setup of the demonstration kitchen where women and youth will learn nutrition and home economics. We bought a cow and we celebrated the arrival of a calf in December 2011. We now get milk from the cow which is an

additional income to help pay our farm workers. The biogas system is complete and working very well. Many people in the village and several restaurants and schools are begging us to show them how to build biogas systems. Biogas uses animal waste, is clean/ smokeless, is cheap and because it does not use firewood biogas saves trees and the environment. The rest of BkB's funded community income generating projects like knitting, tailoring, dairy farming, piggery and goat rearing, poultry farming are progressing well.

We believe that by the time the farm is officially open to the public, everything will be in place for different groups of learners to benefit from the outdoor classroom.

CHALLENGES

- The work load at the farm is increasing and yet there are only two gardeners who are not enough.
- We had a long hot and dry season which greatly affected the growth of crops at the farm.
- We still need a farm manager and a nutritionist/trainer/cook to manage the kitchen, teach nutrition and home economics.
- Most of the seeds and seedlings on the market are genetically modified thus they are easily destroyed by the pests. This is a challenge because the organic pesticide we locally prepare isn't strong enough to get rid of all the pests that attack our crops.

CHRISTMAS 2011

Unlike in the previous years, we were not able to have a holiday party due to limited resources . The children missed their annual treat. However over 80 orphaned families received Christmas food parcels filled with goodies like bread, sugar,

margarine, rice, salt, cooking oil and beef. These children as always were happy and some of their faces were filled with tears of joy knowing that they are going to have a proper meal on Christmas day.

DEMONSTRATION SCHOOL

BkB has for some years had a plan of setting up a revenue generating project to help fund the charity programs. Time and again it has proven difficult to raise all the funds that we need to keep running the programs that support orphans. After conducting a feasibility study we came up with the

idea of building a very good primary school that will meet local and international demand. However the idea is still on paper as we still lack the funds to purchase land and construct all the school buildings. We have not given up on the plan to build the school as it will reduce our dependence on donor support.



2011-2012 has been a good year regardless of the challenges that we have faced. We are grateful to all the volunteers, the donors and to all our partners who support our work with vulnerable children. Thank you!

Energy saving stove built by peace corps Volunteers

On a rainy Saturday in August 2011, the BKB Organic Farm hosted 20 United States Peace Corps Volunteers and a few local Ugandans to demonstrate the process of constructing a fuel efficient cook stove (the more common term in the developing world is "mud stove). We sent five brave souls out into the rain to break down an anthill and crushed the clumps of earth into finer pieces. Using wheelbarrows we transported the soil through the mud to the demonstration kitchen. Next we added sawdust, obtained free of charge, from a local carpenter who was all too happy to be rid of his scrap waste. [As the stove begins to function the sawdust burns away and the air pockets that are left help with heat retention.]



The rest of the volunteers got their hands dirty, literally, laying the initial two inches of mud we used for a foundation. Another unlucky lot marched into the rain to chop down a banana stalk. This is what we used to form the air passageways for fueling the fire and relieving the stove of smoke. The construction process entailed 5 people working next, with, above, and



below one another and weaving their bodies as they laid the first bricks and mortared with mud. This was truly the fun part as these workers were packing mud by throwing it instead of using mason tools. The team mixing the soil, sawdust, and water was busy trying to supply the builders inside. Once the mud stove took its rudimentary form we all had a replenishing lunch of chicken, rice, and pineapple. After lunch, work started again and two hours later we finished the construction. We set cooking pots where they would

inevitably be used and plastered the entire outside of the stove with mud, another very messy affair. The total construction took about 6 hours, and everyone who helped was covered in mud. The fact that it was still raining helped with the cleanup process. So it was that we sent 20 volunteers home muddy, wet, and shivering after a fun but hard day's work. The drying process took about four weeks. After the drying was complete the banana stems had rotted and we removed the slimy remains giving way to permanent air passages. The final touch was to seal the outside of the stove which the two farm workers, who just happened to be experts in sand/lime/dung plastering, were happy to assist with.