

### ANNUAL REPORT 2010 – 2011

Bega kwa Bega is an independent, non-government organization, which has been registered with the Government of Uganda since 1998. The organization's main goal is to support some of Uganda's 2.5 million orphans. For the last twelve years BkB has successfully implemented five coordinated projects aimed at supporting children and their communities.

1. Sponsors to aid education for the poorest children
2. Basic health services
3. Poverty reduction through income generating projects
4. Agriculture and nutrition training
5. Safe, clean and reliable community water sources



These programmes are coordinated to provide comprehensive support for children and their caregivers in nine Districts in Uganda:

### EDUCATION

District	Projects	No. of Participants
Hoima	Water	1,680
	Income Activities	30
Kabale	Water	1,600
	Income Activities	25
Masaka	Income Activities	40
Mpigi	Water	1,855
Wakiso	Water	68,880
	Income Activities	160
	Mobile Clinic	129,699
	Education	143
Kampala	Education	12
Mityana	Water	1,615
Lira	Income Activities	9
Mubende	Water	8,400

Under the education programme, BkB recruits sponsors and matches them with children who need help with paying school fees. Additionally BkB recruits volunteer, experienced teachers to train other teachers. Workshops are held on how to create, use and manage relevant instructional aids made from local materials. We build classrooms and renovate schools. We also promote girls' education by funding girls and building girls only latrines.

In 2010 – 2011 BkB increased the number of sponsored children to 155 in various different schools.

School	No. of Children
Nursery	14
Primary	90
Secondary	47
Tertiary	2
Vocational	2
<b>Total</b>	<b>155</b>

### **BkB PROJECTS SUPPORTING SCHOOLS:**

Project	School	Impact	Children Benefiting
Bore Hole	St. Mugagga S.S.S Kiganda Katugo Primary School	Water near school Clean drinking water Personal hygiene Time saved Healthy children	1000
Protected Spring	Buwarula Primary School Kawolongojjo Primary School	Water near school Clean drinking water Personal hygiene Time saved Healthy children	1125
Classroom Construction	St. Micheal Nursery School	Room for more children to attend	300
Scholastic Materials Text Books	St. Micheal Nursery School St. Marys Nursery School	School libraries Literacy materials Children better readers	450
Writing Materials	Holiday party	Children stay in school.	148
Teachers Trained	Alpha school Jengo School	Teaching reading, writing. IT skills Literacy	16 teachers 20 teachers

Many of the teachers who participated in BKB's teacher training workshops at Jengo School work to high standards, helping their children become better learners. Almost all their children were accepted in the best schools in town. Upon entering primary one, many of these children are confidently outperforming their fellow students in mathematics,

reading and writing. The word is out. Head teachers are wanting to know the secret to our success. All are welcome to our school to observe and learn what they can. We wish we could offer more workshops to these teachers.

### **CHALLENGES:**

- For over ten years Uganda has been providing universal free education for all children. Unfortunately children still need to pay for school uniforms, exercise books, pens, pencils and school lunch. Many families are so poor that they cannot afford to pay the extra charges. These children are forced to drop out of school.
- In schools where there are no separate latrines for girls and boys, adolescent girls drop out of school for fear of being ridiculed by boys.
- Children are often forced to stay home and nurse sick relatives. In their search for food and shelter many desperately poor children engage in risky behavior such as prostitution.
- There is a chronic shortage of well-trained, experienced teachers in most classrooms.
- Many classrooms are overcrowded and understaffed. In some schools there are 200 children in a class with one teacher.

**Bega kwa Bega strives to improve education by modeling best practice and by training teachers to improve their teaching skills.**

### **HEALTH OBJECTIVES:**

- 1. Immunize children**
- 2. Prevent, control and provide treatment for tropical diseases**
- 3. Provide health education**
- 4. Provide basic pre-natal and antenatal care for women**

BkB operates a travelling medical clinic in Wakiso District. Last year we received a grant from the US Government PEPFAR programme which enabled the mobile clinic to run five sessions a week. Sadly the grant was not

renewed and we are now back to three clinics a week. On average the mobile clinic treats over 150 patients each session. BkB has furthered the health programme by conducting home visits to families with acute health issues.



### **The travelling clinic offers the following services:**

- Treatment for Malaria and other tropical diseases
- Treatment of common ailments such as stomach pains, minor burns, cuts and childhood diseases
- Pediatric care for infants
- HIV/AIDS awareness, prevention and treatment
- Prenatal and antenatal care
- First-aid
- Child immunization
- Counselling
- Nutrition education

**This year the mobile clinic attended to over 16,250 people in both Kakiri and Namayumba Sub/ Counties**



### **HOME VISIT PROGRAMME**

provides support to families who find it difficult to cope with invalids, large numbers of young orphans and food shortages.

**This year the home visitor worked with 720 families in 22 villages.**

## CHALLENGES:

1. Our mobile clinic staff work long hours to attend to an ever increasing numbers of patients. We need additional staff.
2. We need more funds to buy sufficient medicines for the clinics.
3. The staff needs equipment to examine and treat the sick.
4. Patients, many of whom are illiterate, need better instructions for taking medicines.
5. The charity's old vehicle often breaks down and delays the clinic's visits.

## WATER

Remote communities which have a combination of high numbers of orphans and acute shortages of water are selected to have new wells constructed in their villages. All people in the village work together to build the well. Children collect stones to be used in the filter pit. Women

slash grass and remove roots and tree stumps. The men clear brush, chop trees and help build the water filter pit. The construction crew builds the walls of the well and insert the water spout. Building a well involves the entire community.

## IMPACT:

- Working together on projects that benefit all in the village unites and strengthens relationships.
- Community ownership enhances sustainable development.
- Women and children spend less time and energy fetching water.
- There is a dramatic reduction in the cost of water.
- There is a marked improvement in personal hygiene.
- Fewer cases of water borne diseases are noted during the mobile clinic's visits.
- Water is available for animals and small-scale irrigation.
- Improved nutrition.



Operating a borehole

## WELLS CONSTRUCTED IN 2010 – 2011

Name of Spring	District	Sub-County	Parish	Village	No. of People
Barry's Spring	Mpigi	Muduma	Mulim	Kibutu	315
Butler's Spring	Mpigi	Muduma	Malima	Mulima	350
Oregon Episcopal School	Mpigi	Muduma	Tilibogo	Tilibogo	490
Diane & Margaret 1	Mpigi	Muduma	Tilibogo	Muduma T/C	350
Diane & Margaret 2	Mpigi	Muduma	Tilibogo	Kyondo	350
Diane & Margaret 3	Mityana	Namungo	Kisana	Buwalura	650
Diane and Margaret 4	Mpigi	Muduma	Tilibogo	Tilibogo	280
Diane & Margaret 5	Mityana	Namungo	Kitete	Buwalura-Katanda	210
Diane & Margaret 6	Mityana	Namungo	Kisana	Kawolongojjo A	475
Franco's Spring	Mityana	Namungo	Kisana	Kawolongojjo B	280
Bore Hole	Mubende	Myanzi	Nalutuntu	Katugo	400 Students 800 locals
Bore Hole	Mubende	Madudu	Madudu	Madudu	600 students
<b>TOTAL WELLS:</b>		<b>TWELVE</b>			

## CHALLENGES:

It is risky to build protected springs during the dry season when water levels are fluctuating. The recent long spell of drought slowed our plans for 'spring protection'. Additionally, most

drilling companies are preoccupied with drilling for oil near Lake Albert in the West. Sometimes it is difficult to schedule drilling a single borehole in a remote village.

## INCOME GENERATION

In order to eradicate poverty, BkB organises courses in 'developing a business plan' and 'setting up a business' for women and young people..

Jane Kizito was among the first women who took part. Jane formed a business group which included relatives, friends and neighbours. They selected knitting sweaters as their new business. Angelina Campbell from Scotland taught the women to knit high quality sweaters, to use and maintain knitting machines, to package and market their products and to save or reinvest profits. BkB gave the knitting group knitting thread, a manual knitting machine and provided ongoing business support as well as annual refresher courses. We were thrilled to

hear that last year Jane Kizito was recruited and hired as a knitting instructor at a vocational college in Kampala. The college was so impressed with Jane's skills and performance that they expanded their knitting department and hired Zina from Jane's group. Jane and Zina are now doing what they love and both are earning enough money to support their families, buy food, pay school fees and medical bills and save a little for emergency. They are now supporting other women develop life skills to help them out of poverty.

## DEMONSTRATION ORGANIC FARM

Bega kwa Bega strives to eradicate extreme poverty and hunger among children and their families. Our model farm demonstrates agricultural skills to rural communities with high

numbers of orphans and vulnerable children. We promote improved nutrition, year round food production, water conservation and environmental protection.

The farm is undergoing dramatic changes becoming an 'outdoor classroom' for children, teachers, subsistence farmers and community leaders. The fencing is in place, the training room built, the new office ready to move into and the demonstration kitchen and drip irrigation system are under construction.



Digging a post hole

The garden shop and the cow shed will be the

last to be constructed. We are grateful to the Charles Hayward Foundation for their grant which has enabled us to complete much of this work and to our Peace Corps worker, Drew Rountree who, with his enthusiasm and initiative has enabled much of the work to be completed.

### **IMPACT:**

Farmers will protect the environment, improve their soil, increase the yield and grow food all year round.

Families, especially children, will be healthier as a result of eating nutritious food.

People, animals and crops will have more water as a result of conservation. Children will learn about the environment & growing food.



Completed fence

### **CHALLENGES:**

- We have not yet achieved our goal to give a goat to every orphan in our programmes. Currently we have 38 goats on the goat farm in Nsimbamanyo near Kakiri.
- We are currently looking to hire an experienced organic farm manager and a nutritionist / trainer / cook to manage the kitchen, teach nutrition and home economics.
- As our two vehicles get older and less reliable, transport is still a huge issue. We urgently need a newer, more reliable vehicle.

## **NEW PROJECT:**

For twelve years Bega kwa Bega has been completely dependent on donors to provide the money we need to run the programmes that support orphans, vulnerable children and their extended families. The recession and potential donor fatigue will make it increasingly difficult to raise the funds required to care for the children. The charity needs to free itself from the constant worry of searching for the funds to continue the work. We need to create new

ways to generate at least some of our operating expenses. Having preached the importance of self-reliance to thousands of people in Uganda, it is time for us to practice what we preach. Establishing a revenue-generating project for the charity is no longer an option. It is a **PRIORITY NOW**. The process of selecting a revenue-generating project was guided by the nature of our work and by the needs of the children we serve.

### **KEY FEATURES OF THE PROPOSED PROJECT:**

- Close connection with the charity's work with vulnerable children
- Strong evidence that the project is needed by the community
- A focus on girls' health and education
- Opportunities for all participants to improve learning
- An overriding theme of teacher, parent and community education
- Indication that the project will impact a large number of the target population
- A strong indicator of long term profitability

**After feasibility studies, a three-year pilot and numerous discussions, the project which came foremost was a Primary School. We are, after all, about EDUCATION.**

There are many reasons for this choice:

There are few good schools and few trained teachers. Uganda has the highest birth rate worldwide. The classrooms are overcrowded and the number of orphans does not grow less. The school will set high standards and will be, as our Nursery School, a Demonstration School with a resource centre giving training to teachers and supporting them in their own schools. (The Nursery School is full with a long waiting list. Parents continually ask us to start



a Primary School.) Such a school cannot fail. There is local and international high demand for good primary schools. Boarding facilities ensure a wide catchment area. The better performing schools are oversubscribed

and competition for entry is fierce. 50% of the population is under 15.

In addition to the usual subjects offered, mentoring for girls will be set in place to nurture self confidence. They will be encouraged to excel in Maths and Science, and to stay on in

school. All learning will be related to the children's lives. Parents and the local communities will be involved. Opportunities for adult education will be made available.

We are excited about our plan to build and manage a charity-owned, revenue-generating project. Our goal is to build a day and boarding primary school for 600 pupils with two streams per class working to high standards. Orphans sponsored by the charity will attend the school. The rest of the student population will pay

tuition. Within one year, net income from the school should be sufficient to fund at least 80% of Bega kwa Bega's operating costs. The school is scheduled to open in January 2013. We need to raise funds for the project, which is estimated to cost \$750,000

We are very grateful to all our supporters and volunteers who enable us to continue nurturing the orphaned children and the communities in which they live.

## THANK YOU

**SSAGALA DAVID**  
Manager, Bega kwa Bega.

### Cairo to Cape Town: Tour D'Afrique 2011

Last December Sam Guo asked his family and friends to sponsor him for the longest, toughest, most amazing bicycle race in the world: Tour d'Afrique 2011. Sam wanted to raise funds for Bega kwa Bega. From January to May, Sam and

his team cycled for 95 days covering a distance of 7,500 miles across Egypt, Sudan, Ethiopia, Kenya, Tanzania, Malawi, Zambia, Botswana, Namibia and South Africa.

Sam raised enough money to fund a vital water project in a remote village with many orphans and vulnerable children. This protected spring in Namungo sub-county will provide safe, reliable water for three villages, 180 families and approximately 1,260 people. The rest of the money raised will purchase a cow for the

demonstration farm. The milk will be used in the farm kitchen. The cow dung will demonstrate soil enrichment. The urine is a vital ingredient in the organic pesticide recipe. It will also be used to generate biogas for the farm kitchen.

Welcome home Sam and thank you and your supporters

### ADMINISTRATION

*The work in Uganda is still managed by one person, the **Manager**. It is unlikely in the world of non-government organisations to find one individual who is not just responsible but directly in charge of six projects. In addition there is the administration which is still carried out by the Manager. The administrator appointed was unfortunately found not to be suitable.*

*-The Accountant, Theresa Kyazze, has no salary, merely a small stipend.*

*-There are 3 nurses (two are midwives), the pharmacist and a driver.*

*-There are two gardeners working on the demonstration farm and as already mentioned a Peace Corps Volunteer. There is a farmer in Nsimbamanyo running the goat farm.*

*In the UK we are in admiration of so much work carried out by so few people.  
(Ed)*

**DIRECTOR:** [CONCE MCGARR JENGO](#)  
**MANAGER:** [SSAGALA DAVID](#)  
PO Box 28009 Kampala Uganda  
(00256) 772519570  
[begakwabega99@hotmail.com](mailto:begakwabega99@hotmail.com)  
**ACCOUNTANT:** [THERESA KYAZZE](#)

**United Kingdom**  
Chair: [Kathy Russell](#)  
Treasurer: [Mike Spain](#)  
**UK Coordinator:** [Camilla Broadbent](#)  
41 Goldhawk Rd London W12 8QP  
020 8743 0655  
[ccbroadbent@tiscali.co.uk](mailto:ccbroadbent@tiscali.co.uk)