

# BEGA kwa BEGA

## Annual Report 2009– 2010

With joy we are celebrating 11 plus years of Bega kwa Bega's support to families and communities caring for orphans and vulnerable children in Uganda. Our

programmes are coordinated to provide caring, comprehensive, basic support to orphaned children in 146 villages in rural Uganda:

- Education for orphans, girls and children with special needs.
- Basic health services to remote communities with high numbers of orphans and vulnerable children (OVC).
- Safe, reliable water for whole communities in our programme areas.
- Skills training and financial support to start and successfully manage community based income generating activities.
- Improved nutrition for OVC, their care providers and their communities.

### EDUCATION:

During 2009-2010 Bega kwa Bega supported children's education by:

- Paying school fees for 145 OVCs
- Completing building 4 classrooms
- Drilling 2 bore holes serving 2 schools
- Protecting 13 springs serving 10 schools

Number of orphans sponsored by Bega kwa Bega:



2000	2001	2002	2003	2004	2005	2006	2007	2008	2009 -2010
49	58	62	62	74	78	78	132	138	145

### Bega kwa Bega's Education Support 2009 – 2010

School	Nursery	Primary	Secondary	Vocational	Total
OVC sponsored (fees paid)	19	98	27	1	145
Schools given supplies, books	18	22	10	3	53
Schools renovated	1		1		2
Teachers trained to teach English, Reading	18	8			26
Teachers trained to teach Maths	25	11		1	37
Teachers visited, coached	7	12			19
Model classrooms set up visited by trainers	4				4
Teachers who made instructional aids	43	19		1	63

The Inspector of Schools, Lubaga Division, Kampala City Council writes:

***“During my visits to schools I keep on noticing that some classrooms are different. These rooms are bright, there are many learning materials, the children are actively involved in meaningful activities and the teachers are motivated. When I inquire about the reason for the difference I am always told that the teachers in the unique classrooms participated in Bega kwa Bega’s workshops.”***

### **HEALTH:**

Last year Bega kwa Bega was awarded a one year \$25,000 grant from the United States of America’s PEPFAR (President’s Emergency Plan for Aids Relief) programme. The grant is specifically given for purchasing medicines, instructional materials for community health education and mosquito nets for orphans and vulnerable children. So far the grant has enabled us to extend our mobile clinic services to 15 new villages. As a result the mobile clinic activities increased from 2 to 5 sessions a week (2½ days) which is an increase of 150%. Since the grant funds can only be used for medicines,

teaching materials and mosquito nets, Bega kwa Bega has to pay for full time medical staff salaries, increased transportation and a significant increase in paperwork. (This amounts to £170 each week.) The new communities receiving regular health services for the first time are very, very grateful. *(PEPFAR did not believe the reports of the amount of work Bega kwa Bega undertakes nor the numbers seen in the Clinic. They accompanied the Mobile Clinic on 3 occasions and returned to their colleagues saying the reports were all true, and in fact this particular NGO did more work than they stated. Ed)*

### **MOBILE CLINIC:** Summary of Monthly Reports 2009 - 2010

	March	April	May	June	July	Aug	Sept	Oct	Nov	Dec	Jan	Feb	Total
No. of Sessions	8	8	7	9	9	9	7	9	9	5	4	20	104
Attendance	385	395	411	401	397	451	412	365	398	292	430	2637	6,974
Under 5s Treated	108	136	171	201	189	172	170	182	197	130	105	671	2,432
Others Treated	277	259	240	200	208	279	242	183	201	162	325	1966	4,542
OVC Immunized	65	71	65	61	85	80	84	87	86	72	-	-	756
STI	34	34	11	19	16	24	47	35	36	28	30	260	574
HIV/AIDS Counselling	21	16	18	-	12	22	1	-	-	-	50	50	190
Health Education Sessions	9	12	9	7	5	6	13	10	18	10	4	20	123
Families in crisis visited	18	16	15	17	17	50	18	19	17	17	54	50	308



Mutebi Edward, Local chief: Naggulu – Buwanuka village says: ***“My people always look forward for the coming of Bega kwa Bega’s mobile clinic. The medicines and training you give us goes along way to improve their lives. Often times they ask me when the next clinic will be stationed in our village.”***

At the ‘dispensary’



and still they pour in

Nurse delivering Health Education

Queuing for medicine

Kathy Russell (UK Chair) on her visit in April 2010

A husband and wife, doctors from USA, provided Pediatric First Aid training and demonstrations to our nurses, community health educators, home visitors and nursery school teachers in Kampala and Kakiri. They designed a first aid manual for health workers to use as reference in case of emergencies.

**WATER:**

**New communities continue to list clean, safe, accessible, reliable water as their number one priority.**

Number of Bega kwa Bega's Water Projects:

Type	2000	2001	2002	2003	2004	2005	2006	2007	2008	2009-10	Total Units
Water Tanks	17	5	3								25
Protected Springs				9	7	12	12	9	8	13	70
Boreholes	1			1	1	2	3	2	1	2	13
Total units per year	18	5	3	10	8	14	15	11	9	15	108

Each well/borehole serves 2-3 villages  
 Each village has an average of 120 families  
 Each family has an average of 7 people

83 public water sources constructed  
 Each well serves 1,680 people  
 83 public wells serve over 139,440 people

**Water Project benefits to Communities:**

- Increased access to all-season safe water for 139,440 people
- Improved sanitation
- Lower water bills
- Women and children are safe from predators and spend less time fetching water
- Water is available for animals and small scale irrigation.
- Reduction in water borne deceases

A woman from one of the villages in which Bega kwa Bega constructed a spring thanking us for the gift of water to her village:

***“We now have a clean source of water in our village and with that around my children are safe from water borne deceases”.***

## **INCOME GENERATION:**

### **KNITTING:**

Thanks to Angelina’s and Martina’s continued Annual Workshops and one-to-one coaching, over 200 knitting machines are now in Uganda and many knitters are producing superior products and making more profits. Angelina and Martina visited over 10 knitting groups in 6 Districts. They provided needed support and new skills to the Ugandan trainers.



### **FARMING: Goat Project:**

In 2008 we started off with 10 goats. We now have 36 goats. We’re still building up our stock and after 2 years we should start giving out goats to orphans and vulnerable children.

### Milk Cow Project:

The milk cow project is growing at a very slow pace. The cows are very expensive and for that reason we have not been able to buy cows for new orphaned families. However from one of our previous beneficiaries we managed to pass on one in-calf cow to another



David & Kathy by an evil smelling pesticide and fertilizer, the latest ingredient: red peppers.

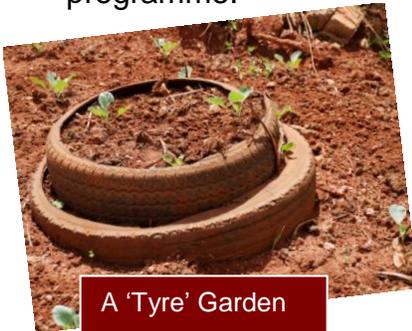
### Demonstration Organic Farm:

The farm is doing very well and we are harvesting basketfuls of oranges, sweet passion fruit, lots of vegetables, bananas, mangoes, jack fruits. . . Women from nearby villages still frequent the organic farm. They ask to learn about new techniques of growing fruits and vegetables. On their first visit we give them a sample to taste. They take home some of the fruit / vegetables together with the nutrition information and recipes. When they return to get more produce they are asked to pay for the produce. In addition we give them some seeds and / or seedlings to plant in their gardens. The women are shown how to plant and

grow vegetables organically. We are dramatically improving nutrition in several villages.

Nearby hotels and restaurants frequent our farm to buy fresh, cheaper produce. Demand is so high that we often run out of vegetables. The sale of the produce helps us pay salaries to our farm workers.

Our goal is to take the farm to another level. We need to streamline the demonstration gardens, label crops, write instructions for growing the crops, and develop recipes. We are looking for an experienced organic farmer to develop and manage the farm as a self-sustaining community educational programme.



A 'Tyre' Garden

Additionally we still need to build a training shed, a kitchen and sheds for rabbits. The pigs and goats are doing well and we are hoping to introduce rabbits, chickens and a milk cow as soon as funds become



A Charcoal Fridge. The contents are allowed to cool down overnight, then the lid is closed and the food is kept cool during the day.

## Christmas 2009

We had a wonderful holiday celebration with the children at a park in Wakiso.

125 Children participated in the celebration. The little ones enjoyed rides, swings, and soccer/football and basketball games. Lunch treats included rice, matoke, G-nuts sauce, beef curry, roasted chicken, cake, sodas. Thanks to Martina and Angelina every child received a brand new shirt / sweatshirt. Children and their care givers were also given brand new books. Thank you Books For Africa. The day was a huge

success. On Christmas Eve selected orphans, vulnerable children and a number of orphanages received food packages with the usual treats of bread, sugar, beef, rice, cooking oil, margarine and salt. I wish our generous donors from USA and UK could see the smiles and hear the laughter celebrating the delicious gifts.

***We are grateful to all our supporters and volunteers who enable us to continue nurturing the orphaned children in Uganda. Thank you for your continued support. Your gifts dramatically improve the life of so many orphans, vulnerable children and their providers.***

Ssagala David  
Manager, Bega kwa Bega



## ADMINISTRATION (Ed)

You will have read that the President's Emergency Plan for AIDS Relief has given Bega kwa Bega a grant. All grant givers require proof the grant has been used as the grantees require. However, the forms Ssagala David, our Manager had to fill in were beyond belief. A request for copies of every receipt for drugs bought was straightforward; then followed filling in 8 X A4 pages of questions such as: 'Describe the OVC coordination mechanisms at district and sub-county level. Specify who is supporting these coordination methods or systems, and your participation within.' Lastly came the request that every child who had been seen at the Mobile Clinic over a specified time had to be named, together with details of what the Clinic had prescribed, whether the child had received 'counselling', was HIV positive or had AIDS etc etc . . . .



David writes: 'I have just sent you copies of the American Embassy PEPFAR small grant reports. It was not easy to finish and send it today. Well on Saturday March 20th the Embassy sent us an OVC comprehensive care sheet which had to be filled using

the information from both the nurses and home visitor's books. Remember the nurses use their books during the week and I only had access to them over the weekend. They requested us to send in the reports by today March 31st and thanks to all the people who helped with sorting, typing the over **4,500** (my enlargement Ed.) names etc. The report has finally been sent in and it will bear the days date as requested.'



Every child sponsored for school has a card.

This year we will need to find the extra money, £9,000 a year, for the Mobile Clinic now operating 2½ days a week.

In addition it is becoming increasingly urgent to appoint an administrator to free up David who should be out in the field far more than all the paper work now allows. (Not to mention some time with his family.) No other NGO would expect one manager to undertake the work he shoulders. This would not be a full time post, but it will still cost!

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A frequent sight